

# YOU NEED TO WASH YOUR HANDS...



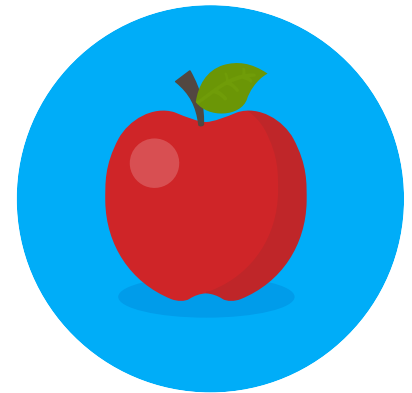
**...before cooking**



**...after blowing your nose**



**...after using the toilet**



**...before eating**