

WHEEL OF EMOTIONS

Health & Body
Beginner (KS1/2)

Learning outcomes: To be able to express emotions in different situations.

Instructions



- Display or hold up an emoji flashcard.
- Elicit the name of the feeling it represents and drill pronunciation.
- Ask pupils to act out the facial expression for the feeling e.g. “Show me happy!”
- Repeat with all emoji flashcards until pupils are confident with the meaning and pronunciation of the words. Introduce written form of the word by writing it on the board and pointing at word during drilling.
- Ask pupils to complete Part One on page 2 and draw a line to match each emoji with the written form of the word.
- Ask pupils to look at the circle on page 2 and get out colouring pencils. Pupils listen to you and colour: “Colour ‘happy’ **yellow**. Colour ‘sad’ **blue**. Colour ‘angry’ **red**. Colour ‘excited’ **orange**. Colour ‘bored’ **grey**. Colour ‘hungry’ **purple**. Colour ‘lonely’ **green**.”
- Support pupils to cut out wheel and arrow and attach arrow to centre of wheel using a split pin.
- Demonstrate how to play the game. In pairs, pupils will take it in turns to spin the wheel and ask each other a question e.g. When do you feel....?/What makes you feel...? •
- Drill pronunciation of questions.
- Change pupils’ partners so they can ask different people.
- Get whole class feedback by asking pupils to tell you something about someone else in the class e.g. ‘Pablo, when does Anna feel happy?’ ‘Anna feels happy when she eats pizza’. Draw attention to the third person singular ‘s’, board sentences and drill as necessary.

Differentiation









- Encourage pupils to ask each other about other feelings not

Materials required:

- Emoji flashcards (page 2)
- Wheel of Emotions worksheets (pages 3-4).
- Colouring pencils, Scissors, Split pins.

EMOJI FLASHCARDS

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| | | |
|---|--|---|
|  |  |  |
| hungry | happy | sad |
|  |  |  |
| excited | angry | proud |
|  |  | |
| lonely | bored | |

Teachers,
when you
cut out the
flashcards
fold here
to hide the
word!

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PART ONE

Match the emotion to the emojis!

angry
sad
excited
lonely
bored
happy
hungry
proud



PART TWO

Colour in the wheel on the next page according to your teacher's instructions!



PART THREE

Once you've coloured and cut out the Emoji Wheel, spin the wheel and ask your partner about how they feel:

*e.g. What makes you feel happy?
Ice cream makes me feel happy*

*When do you feel happy?
I feel happy when I eat ice cream!*

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PART TWO: WHEEL OF EMOTIONS, COLOUR & CUT!

